

BODY EXPERIENCE



Bespoke Intuitive Herbal Oil Massage®

Back 30 minutes R500

Body 60 minutes R850

You may choose from a range of Africology aromatherapy-infused massage oils: Relaxing, Slimming Detox, Muscle Relaxing and Energising. These are warmly applied working on tight muscles and lymph drainage, combating tension in stiff aching bodies.

Intonga Amasatchi®

Body 60 minutes R1100

We know that the body has a memory of all emotional experiences that can manifest on the body. This deep tissue and stress-relieving treatment uses skilful movements with the hands, and differently sized wooden sticks to stretch tight muscles and ease toxic overload from daily stress.

Africology Shea Aromatherapeutics

Back 45 minutes R600

Body 75 minutes R1100

Easy-melting Shea from Ghana blended with healing African potato, rooibos and natural essential oils creates a sublime, beautiful body experience. Combined with your sensory selection of various essential oils for a soothing, calming, or deep tissue experience.

Balancing Scalp and Leg Ritual

45 minutes R650

A balancing treatment to target the symptoms of jet lag and long travel on the areas often neglected to relax and restore energy balance.

Soul of Africa Massage®

Body 90 minutes R1200

Back 45 minutes R650

Using Africa's miracle marula oil blended with Neroli to soften signs of ageing through its anti-stress action. This treatment starts with the application of warm, soothing mud to release negativity stored in the muscles. Then marula oil is applied in preparation for your intuitive body and scalp massage.

Bespoke Body Experience

30 minutes R600

60 minutes R1000

90 minutes R1500

Our bespoke body treatments are the ultimate luxury. After a full consultation with your therapist a tailor-made body experience is customized, using a combination of scrubs, wraps, massage techniques to indulge in your every need. Simply choose your length of treatment time and allow us to intuitively work with your body and change your state of mind.

Simbambili Signature Deep Tissue Magnesium Massage

30 minutes R600

60 minutes R1000

90 minutes R1500

Magnesium's benefits are many. Symptoms and conditions such as chronic pain, fatigue and insomnia, are effectively treated with Magnesium supplementation. Choose either a 30, 60 or 90 min deep tissue Magnesium massage which induces a state of calm and promises a good night's sleep.

MANICURE & PEDICURE

Mini Manicure or Pedicure	30 mins	R400
African Potato Mani or Pedit	60 mins	R550
Detox Pedicure	60 mins	R550

BOOSTERS

Hand Massage	15 mins	R250
Foot Massage	15 mins	R250
Scalp Massage	15 mins	R250

FACIAL EXPERIENCE

Africology Bespoke Facial

60 minutes R850

Our Bespoke facials are designed specifically with each client's needs in mind. We offer a variety of serums that will address particular skin issues. Depending on which serum the client chooses (with the guidance of your trained therapist), each facial is specially made for each client. Like the phases of the moon, we would like to keep the hormonal phases of the body in natural rhythm.

Africology Goddess Facial

90 minutes R1250

Begun with the mentally relaxing notes created by a Tibetan singing bowl, the African Goddess facial is a treatment designed to honour the goddess within. Our de-stressing, anti-aging, cell-renewal facial is rich in natural oils. Deeply hydrating, it restores elasticity and stimulates new cell growth. The back is scrubbed before a balm-infused back massage. Only once the back has been restored to its relaxed state does the facial begin. This treatment is a wonderful ritual that involves cleansing, massage and sound therapy, making it a sacred and sensory way to celebrate the Goddess within.

GROOMING

Eye Lash tint	15 minutes	R120
Eye Brow Shape	15 minutes	R120
Eye Brow Tint	15 minutes	R120
High Definition Eyes	30 minutes	R320

SPA ETIQUETTE

Africology Spa at Simbambili warmly welcomes you to our spa, and we trust that you will enjoy your experience with us. Please take note of the following:

Safety Regulations

We advise spa guests to lock away any valuables in the room safe at the Lodge.

Prices

All our prices are subject to change without notice.

Children

Please do not bring children to appointments, as they cannot be left unattended.

Children treatments can be booked and must be accompanied by an adult.

Mobile Phones

Please ensure mobile phones are switched off during treatments.

Punctuality

Please arrive at least fifteen minutes before an appointment. Should you arrive after your scheduled time, your treatment time will either be reduced or cancelled. The original price for the treatment will be charged regardless of duration.

Cancellation Policy

A booking cancellation fee of 100% will be charged on a "no-show". Should a group consisting of 4 persons or more wish to cancel their booking, they are requested to provide at least one day's notice or the full cost of the group booking will be charged.

Payment

All treatments at the spa will be charged to the guests' room account.

Vouchers

Gift vouchers are issued for specific treatments or for a specific value and may not be redeemed for cash. The original gift voucher must be presented in order to be honoured. Discount vouchers can only be used for spa treatments and may not be used for retail purchases.

Indemnity

Africology, the spa and its therapists cannot accept responsibility for injuries, Adverse reactions or complications before, during or after treatments, or for theft, damage, loss or accident that occurs on the premises.

Open 8am to 5pm Daily

Evening appointments are by booking only and available until 9pm